

# Lesson Plans

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## The Awareness Workshop

An Awareness Workshop is any formal Tread Lightly! presentation that is one-day or less in length. It provides attendees with an introduction to the Tread Lightly! Principles and how to apply them when recreating in the outdoors. Course lesson plans can be flexible to meet a specific audience's needs from Boy Scouts to garden clubs and OHV enthusiast groups.

Awareness Workshops should cover three main areas:

- The concept of an outdoor ethic and the Tread Lightly! philosophy

- An introduction to the Tread Lightly! Principles and how to apply them in a recreational setting

- An overview of the supporting resources available through Tread Lightly!

If time permits, an overview of the Tread Lightly! organization and how people can become members should be included

### One-Hour Workshop Model

- Introduction to the Tread Lightly! Principles using the TREAD Principles PowerPoint presentation and the On the Right Trail video available from Tread Lightly!

- An activity that emphasizes the Tread Lightly! Principles. Take time to discuss how the Principles can be applied in any specific form of recreation that is relevant to the workshop participants.

### Three-Hour Workshop Model

#### Introduction (30 minutes)

- Participant introductions; identify group affiliations and locations
- Why is the group interested in Tread Lightly!?
- What is Tread Lightly!?
  - Brief program overview covering objectives, materials available, website.

#### The Tread Lightly! Principles (1 hour 50 minutes or longer as time permits)

- Discuss why we need an outdoor ethic
- Discuss the five Principles and have an activity that reinforces them
  - Travel responsibly (Activity example: Recreation scenarios or role-plays)
  - Respect the rights of others (Activity example: Mythbuster or Jeopardy)
  - Educate yourself (Activity example: Pack Your Pack)
  - Avoid sensitive areas (Activity example: Web of Life)
  - Do your part (Activity example: Pack It In, Pack It Out)

#### Wrap-Up (10 minutes)

- Workshop evaluations
- Program information
- How people can join Tread Lightly!

*Note: Many of the activities listed cover more than one principle; therefore, an activity may not be required for reinforcement in every case. Use your own discretion.*